

DESCRIPTIONDietary Supplement

Bio-B12®

| Supplement Facts Serving Size: One Capsule Servings Per Container: 60 | | |
|---|-----------|--------|
| Each Capsule Contains: | | % DV |
| Vitamin B12 (as Methylcobalamin) | 1000 mcg. | 16667% |
| Folic Acid | 800 mcg. | 200% |
| Zinc (as Zinc Picolinate) | 15 mg. | 100% |
| Papain (enzyme from Papaya) | 75 mg. | * |
| *Daily Value (DV) not established. | | |

Other Ingredients: Magnesium Citrate, † Hypromellose (derived from cellulose) capsule, Silicon Dioxide. †

B120 / 60 Vegetarian Capsules

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose; palmitic acid; or magnesium, calcium or vegetable stearates.

HOW SUPPLIED

 $\rm Bio\text{-}B12^{\circledcirc}$ is supplied in bottles of 60 two-piece vegetarian capsules. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

INTERACTIONS

No known adverse interactions at publication date.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1-3 capsules daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

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While some companies say they are raising their standards ... at Thorne, we set them.™



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[†]A hypoallergenic ingredient used to fill space.